



TCPUD DEPARTMENT OF PARKS AND RECREATION

740 Timberland Lane Tahoe City CA. 96145

530 583-3440 x10 / 530 583-8452 fax

AIKIDO

Aikido is a non-competitive Japanese martial art form that emphasizes blending with an opponent in a non-aggressive way. Wear cool, comfortable, loose clothing. Registration is accepted at class

Ages: 16—Adult

Dates: Tuesdays, on-going

Times: 5:30—7 pm

Fee: \$35 per month, \$9 drop in

Resident fee: \$30 per month, \$8 drop in

Location: Rideout Community Center
740 Timberland Lane, Tahoe City

Instructor: Douglas Dale, 5th degree black belt